

NSW/ACT SCHOOL COMPETITIONS RULES & REGULATIONS



RULES	PAUL KELLY CUP	JUNIOR SCHOOLS CUP	SENIOR SCHOOLS CUP
Entry Fee (one payment covers full pathway progression)	\$30 per team	\$50 per team	
Playing Field*	Min 90mx50m Max 120mx50m	Full AFL Field	Full AFL Field
Ball Size + Posts	Size 3 Synthetic Plastic Posts	S4 Leather AFL Posts and Pads	S4 Leather (girls) S5 Leather (boys) AFL Posts & Pads
Player Allocation on field	12 players	Girls Min 14 & Max 16 Boys Min 16 & Max 18	
Player Allocation Squads	Max of 16	Girls Min 16 & Max 22 Boys Min 18 & Max 24	
Playing Times*	2x 10-minute halves, 3-minute half time	10min QTR, 3min QTR breaks & 5min HT OR 15min halves, 5min HT	
Tackling	Modified	As Per AFL rules	
Sheparding, Barging & Fending	Yes, No Yes	As Per AFL rules	
Zones / Starting Positions	Yes x 3 and only forwards can kick goals	6-6-6 (boys) & 5-6-5 (girls) no players required in goal square 4 players inside centre square	
Starting / Restarting Ruck	A Player may not grab the ball at the ball-up and play on. They must tap the ball and cannot play the ball again until another player has touched it or it has bounced.	Players can grab the ball directly from the ball up and will be afforded the same holding the ball opportunities as other players / play in the game.	
Out of Bounds	A free kick is awarded against the team to last have a disposal (kick or handball). The opposition player closest to the out of bounds will be awarded the free kick.	Boundary Umpires available - Over the boundary by hand or bounces before the boundary line after a kick = boundary throw in - Kicked over the boundary without bouncing = free kick No Boundary Umpires available - Over the boundary line by hand or bounces before the boundary line after a kick = ball up - Kicked over the boundary without bouncing = free kick	
Marking (Distance)	10m	15m	
Run and Bounce	Max of once in any single possession before a player runs more than 15 steps.	No Limit	
Distance Penalties	30m	50m	
Kicking off the Ground	Not permitted unless accidental	Permitted if safe	
Deliberate Out of Bounds	A free kick is awarded against the team to last have a disposal (kick or handball). The opposition player closest to the out of bounds will be awarded the free kick.	A free kick is awarded against the team to last have a disposal (kick or handball). The opposition player closest to the out of bounds will be awarded the free kick.	
Play on & Advantage	Yes	Yes	
# of Umpires on Field*	1-2max	2-3max	
Boundary*	N/A	No	
Goal*	Yes	Yes	
Officials Allowed	Coach/Assistant/Manager	Coach/Assistant/Manager/Runner/Water	

This indicates that the rules referred to may change due to the nature of the competitions across the S&T. Factors such as staffing, competition size and location will impact the final application of the relevant rule. It is the role of the competition coordinator to inform the schools of which, if any of these will be changed and how.